



Staves Memorial United Methodist Church
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March 01, 2025

WORRY (part 2)

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

Last month I wrote about worry; but there is so much more to say about the matter and I want to make sure I cover it all. First, I want to say that there are certain times and certain situations where worry can be legitimate. For example, if one of our children is in a serious car accident and they are in surgery; that would be a legitimate worry.

The kind of worry I'm talking about is a worrywart where they are worried about something all the time. This kind of worry is an insult to God because it doubts God's goodness or God's power. The worst worrywart I've ever encountered was an elderly woman at a previous church that I served. One Sunday I preached about worry and how it is a sin and how to deal with it. After the service this woman approached me and said, "*When I was growing up my mother told me that 99% of the things I worry about never happen; and over the years I've found that to be true. So, you see preacher, worry works. It actually does some good.*" I didn't even try to explain the faulty logic behind her assumption. She was a worrywart and she didn't want to change.

The fact is worrisome thoughts will always pursue us from time to time. These thoughts are the weapons of the enemy. Satan wants us to worry which will cause us to doubt God's goodness and power. So how do we deal with this? The answer is simple. ***Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.*** Remember, the Apostle Paul is writing to a group of Christians who were under constant attack and in some cases, they were facing death because they would not renounce their faith in Christ. Paul's advice was to take those worrisome thoughts and turn them into a prayer. By doing so we are taking the weapons of Satan that are intended to make us doubt God and we use them as an occasion to demonstrate our unshakeable faith in God. Thus, we're using Satan's weapon against him.

When we do this, the 2nd sentence tells us there is a reward: "And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus." In other words, God's peace will rule your life. That's some reward! I'll take it.

March Calendar

- 2nd Sunday - Holy Communion**
- Adult Sunday School 8:45 am
 - Sunday School 9:00 am
 - Worship Service 10:00 am
 - Fellowship 11:00 am
 - Hispanic Worship (chapel) 1:00 – 3:00:pm
 - Bible Study 4:00 pm
- 3rd Monday**
- Adult Bible Study 10:00 am
 - TOPS Group 5:15 pm
 - CAT Meeting 6:30 pm
- 4th Tuesday**
- Shrove Tuesday. Pancake Supper
5:00 pm - 7:00 pm
 - UWFaith Board Meeting 6:00 pm
- 5th Ash Wednesday**
- NO Dorcas Circle
 - UWF Call to Prayer and Self-Denial Brunch
9:30 am
 - Power in Prayer 2:00 pm to 3:15 pm
 - Bell Choir 5:15pm
 - Choir 6:15 pm
 - Hispanic Bible Study (chapel) 7:00 pm
- 6th Thursday**
- Gems 11:00 am
 - World Day of Prayer, Carlisle United
Methodist Church Noon
 - Craft Group 5:00 pm
- 7th Friday**
- China Painters postponed to March 14th
 - Hispanic Bible Study (chapel) 7:00 pm
 - United Women of Faith World Day of
Prayer, CarlisleNOON
- 8th Saturday**
- Sandy McNamar Food Pantry 2:00 pm
to 5:00 pm

March Calendar

- 9th Sunday**
- Noisy Offering
- Adult Sunday School 8:45 am
 - Sunday School 9:00 am
 - Worship Service 10:00 am
 - Fellowship 11:00 am
 - Hispanic Worship (chapel) 1:00 pm
 - Bible Study 4:00 pm
- 10th Monday**
- Adult Bible Study 10:00 am
 - TOPS Group 5:15 pm
- 11th Tuesday**
- DANA 7:00 pm
 - Trustees Meeting 7:00 pm
- 12th Wednesday**
- Esther Circle 9:30 am
 - Power in Prayer 2:00 pm to 3:15 pm
 - Bell Choir 5:30 pm
 - Choir 6:30 pm
 - Ad Council 7:15 pm
- 13th Thursday**
- Gems 11:00 am
 - Craft Group 5:00 pm
- 14th Friday**
- China Painters 9:30 am
 - Hispanic Worship (chapel) 7:00 pm
- 15th Saturday**
- All Church Breakfast 8:00 am
 - To help with All Church Breakfast 7:00 am
- 16th Sunday**
- Adult Sunday School 8:45 am
 - Worship Service 10:00 am
 - Fellowship 11:00 am
 - Hispanic Worship (chapel) 1:00 – 3:00:pm
 - Bible Study 4:00 pm
- 17th Monday**
- Adult Bible Study 10:00 am
 - TOPS Group 5:15 pm
 - Education Meeting 6:00 pm

March Calendar (continued)

- 19th Wednesday**
- Power in Prayer 2:00 pm to 3:15 pm
 - Bell Choir 5:30 pm
 - Choir 6:30 pm
 - Hispanic Bible Study (chapel) 7:00 pm
- 20th Thursday**
- Gems 11:00 am
 - Craft Group 5:00 pm
- 21st Friday**
- Hispanic Bible Study (chapel) 7:00 pm
- 22nd Saturday**
- Eve Circle 9:30 am
- 23rd Sunday**
- Adult Sunday School 8:45 am
 - Sunday School 9:00 am
 - Worship Service 10:00 am
 - Fellowship 11:00 am
 - Hispanic Worship (chapel) 1:00 – 3:00 pm
 - Bible Study 4:00 pm
- 24th Monday**
- Bible Study 10:00 am
 - TOPS Club 5:00 pm
- 26th Wednesday**
- Power in Prayer 2:00 pm to 3:15 pm
 - Choir 5:30 pm
 - NO Bell Choir
 - Hispanic Bible Study (chapel) 6:00 pm
- 27th Thursday**
- Gems Group 11:00 am
 - Craft Group 5:00 pm
- 28th Friday**
- Hispanic Worship (chapel) 7:00 pm
- 29th**
- Sandy McNamar Food Pantry 2:00 pm– 5:00 pm
 - Community Meal 5:00 pm

March Calendar (continued)

- 30th**
- Adult Sunday School 8:45 am
 - Sunday School 9:00 am
 - Worship Service 10:00 am
 - Fellowship 11:00 am
 - Hispanic Worship (chapel) 1:00 – 3:00 pm
 - Bible Study 4:00 pm

March Birthdays



- | | |
|------------------|------|
| Kourtnie Robbins | 3/01 |
| Joann Keiran | 3/03 |
| Vera Burzacott | 3/05 |
| Linda McPherson | 3/06 |
| Peggy Wyld | 3/06 |
| Becky Roghair | 3/10 |
| Robert Ramsey | 3/12 |
| Carol Smallfoot | 3/13 |
| Grace Withee | 3/13 |
| Judy Gillman | 3/18 |
| Nick Withee | 3/20 |
| JoAnn Swalin | 3/30 |
| Debbie Wise | 3/31 |

CRAFTS, CONVERSATION & CHOW

Come join other women for a night of Crafting, Conversation, and Chow—*Free of Charge*.

Bring a project to work on and a dish to share or simply come to connect with other women. We meet at the church every Thursday starting at 5:00 p.m. If you have a craft you would like to learn, let us know so we can find the right person to help you learn.

If you have further questions, please contact *Jennifer McDonald* at 515-314-4761.

Save your Eyeglasses, Hearing Aids, Pop Cans and Can Tabs

The church collects used eyeglasses and hearing aids. Even if the hearing aid does not work, they can use it for parts. Bring these items anytime during the year to the church.

You may place them in the designated basket marked "Used Eyeglasses," located by the mailboxes in the narthex.

SAVE YOUR ALUMINUM CAN TABS AND POP CANS

The church is collecting tabs off all aluminum cans for the Ronald McDonald House. Save can tabs and put them in an envelope or baggie marked "Tabs" and put in the white basket in the narthex marked "Pop Tabs."

Please save your pop cans and bring to the church. Money goes into Helping Hand Fund.

ANNOUNCEMENTS

PILLAR OF PRAYER: If you need to request a pillar of prayer, please call either Diane at the church office Monday thru Friday 9:00 a.m. to 2:00 p.m. or Marilyn Ogle all other times at 515-266-6876. Thanks!

SANDY MCNAMAR FOOD PANTRY

**2nd SATURDAY AND
LAST SATURDAY OF EACH MONTH
2:00 p.m. – 5:00 p.m.**

**March Dates
March 8
March 29**

ALL CHURCH BREAKFAST

**Saturday, March 15
8:00 a.m.
Come at 7:00 a.m. if you would like to help.**

COMMUNITY MEAL

**Last Saturday of every month.
Next dinner will be:
March 29th
5:00 pm**

**Menu: Fish Fry, Fries, Chicken Strips,
Coleslaw, Dessert**



Church Financial Report

*Finance/Treasurer Report
February 24, 2025*

Bank Balance as of January 1, 2025
\$29,256.56

January Budget Items

| | |
|------------------------|-------------|
| <i>Budget Items</i> | \$14,194.00 |
| <i>Mission Items</i> | \$ 364.62 |
| <i>Committed Funds</i> | \$80,927.02 |
| | \$95,485.64 |

January Disbursements

| | |
|------------------------|-------------|
| <i>Budget Items</i> | \$24,817.60 |
| <i>Missions</i> | \$ 580.75 |
| <i>Committed Funds</i> | \$ 358.87 |
| | \$25,757.22 |

Bank balance as of January 31, 2025
\$98,984.98

Less Committed Funds as of Jan. 31, 2025
\$93,188.59

Available funds as of January 31, 2025
\$5,796.39

*This report is submitted by:
Terri Pollard, Staves Financial Secretary*

Christian Education

We are looking for a new leader for the Christian Education Committee. If you are interested in this position, please see a member of the Nominations Committee. (See bulletin board in the Narthex for a list of committee members.)

Community Meals

Come have your dinner on the last Saturday of the month at the Community Free Meal. We continue to reach community and church members with food and fellowship once a month. This is a fun group to be around.

The Community Meal committee menu for March is a fish and chicken fry with steak fries and coleslaw on the side with dessert of course.

While the meal is free, donations are accepted. Any funds donated go into the Community Meal fund to help purchase the meat or other main dish ingredients.

If you are willing to help with the meal, come on the designated date at 4:00 p.m. to help set up and serve. If you want to help cook, please talk with Terri Pollard since depending on the menu the cooking start time varies.

Trustees Update

Here are the updates on the latest Trustee Projects.

We are in the process of placing a new video screen on the back wall of the Sanctuary. This will help the Pastor and other speakers when sharing the Word or other announcements.

We are working with our mechanical contractor on a date for installation of these units. If you wish to submit funds so we can return some of

Trustees Update (continued)

the money to the foundation, please feel free to mark it furnaces so we can route the funds properly.

We will be reviewing the repair or replacement of the ceiling in the Education office. We will be looking at electrical repairs in the original basement and possible foundation work along the west wall of the kitchen.

If you have something you think needs worked on in the church, please talk to a Trustee (see list of committee people posted in the Narthex) or send an email to the Trustees at sumtrustees@aol.com. Thanks.

Food Pantry

The Pantry dates for March are Saturday, March 8th and Saturday, March 29th. The Food Pantry is open from 2:00 p.m. to 5:00 p.m. on each of those days.

I do not have the numbers for January currently. I will get them done and share in the next caller along with the February information.

The Pantry could use the following items:

- Canned Soup
- Hamburger/Chicken/Tuna Helper
- Oatmeal
- Farina/Cream of Wheat
- Pancake Mix
- Cookies or baking mixes

The need out there is great and growing all the time. We are serving five to six new families every time we are open. Additionally, premade boxes of food are available in Diane's office and we have to restock those boxes every month. Please consider working at the pantry one Saturday a month.

UW Faith News (A.K.A) Petticoat Patter

Well, it is hopefully the last bone-chilling cold morning of the winter season as I sit writing this article. I saw on the news that the state wrestling tournament is going on this week.

That means that girls and boys basketball tournaments are just around the corner. Followed by March Madness with NCAA Division One basketball.

It is wonderful to see the "normal" things in life occurring despite all the turmoil going on in the world. The normal cycle of things brings us comfort, peace, and joy. You know what else brings comfort, peace, and joy into our lives?

The matchless love of Jesus for us. We are soon starting the season of Lent (Wednesday, March 5th), a time to reflect on our relationship with Jesus.

Do you simply go through the motions of being a Christian? You make sure to come to church for an hour every week. You give funds to the church either through your pledge or special giving to missions. But do you really live for Jesus and God?

I have been reading several books lately on the beliefs of our founders John and Charles Wesley. While they were both priests in the Church of England, they also strongly believed there was more to being a Christian and child of God than spending an hour at church and giving money, when possible.

They both firmly believed that once a person accepts Jesus as Savior and the Holy Spirit becomes very active within that person, that in order to grow and mature in faith you must do regular checks on your soul (by talking about your week in a small group meeting where Bible study, prayer and discussion took place or a band meeting.) They also believed that you

UW Faith News (A.K.A) Petticoat Patter (continued)

must do good work (visiting the sick, visiting people in prison, helping the needy, helping with education, you know action.)

They believed that the more you act like Jesus, the more you become like Jesus, and the more your love for God grows and becomes a normal part of your daily life. So, the two greatest commandments Love God and love your neighbor as yourself become an automatic or “normal” activity within your life.

Going through the motions of being a Christian is not enough. There are three simple rules in the Wesley Tradition to help you be a good Christian they are: 1) Do no harm, 2) Do good, and 3) Stay in love with God.

During Lent reflect on your spiritual life and your faith walk. How well do you fit into the Wesley way of being a person called a Methodist? How do you apply the three simple rules to your life? Sometimes in Lent people give up something as a sacrifice, instead this year look at those three rules, see what you are missing and try adding that to your life. See what changes God has in store for you during this season of Lent.

Speaking of Lent, the United Women of Faith is again holding the Call to Prayer and Self-Denial Brunch. That program takes place on Wednesday, March 5th (Ash Wednesday) at 9:30 a.m. Pastor Tim will be there at 9:30 to pray with us and impose ash on those in attendance. Then we will have a program and end with a brunch of egg casserole, donuts, fruit and drinks.

The Board has also started planning the Spring Luncheon, Plant and Bake Sale fund raiser that will be on Saturday, April 26th. The set up will be on Friday, April 25th. For the plant sale, get

UW Faith News (A.K.A) Petticoat Patter (continued)

those bulbs and plant starts going now. We will of course have a variety of treats available during the bake sale (I heard items like cookies, cake and maybe scones mentioned as possible items.) Lunch will be slightly different this year. We are going to do an English Tea style lunch. We will have a variety of small sandwiches (ham salad, chicken salad, cheese salad and possibly cucumber sandwiches) we will also have a variety of salads available for side dishes. We are going to have a variety of teas (hot and cold) for you to try. Other drinks (coffee and water will be available for those who do not want tea.) We just thought something a little different might be a fun change.

We will share more information on Ladies Night Out scheduled for Friday, May 2nd when the full menu for the meal is finalized in March or April.

Please mark your calendars now for these events. You do not want to miss the fun and the food.

ANNOUNCEMENTS

CAT Task Force Meeting
Monday, March 3rd
6:30 pm

ANNOUNCEMENTS

Urban Bicycle Food Ministry **10th Anniversary Celebration**

Date: Saturday, March 8, 2025

Time: 4:00 – 8:00 pm

Special Presentation: 5:30 pm

Location: Twisted Vine Brewery

112 E. 4th Street

Des Moines, IA 50309



Trustees Meeting

March 12th

7:00 pm

Ad Council Meeting

Wednesday, March 12th

7:15 pm

Eve Circle will meet
Saturday March 22nd, 9:30 a.m.

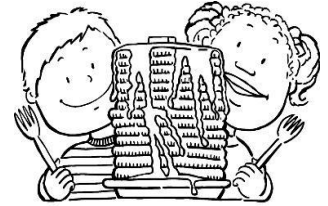
Bring a friend.

Sherry Palmer 515-991-1062

SHROVE TUESDAY

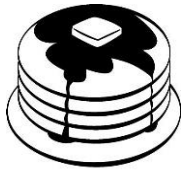


PANCAKE
&
Sausage
SUPPER



TUESDAY, March 4th
5:00 PM – 7:00 PM
AT

Staves Memorial UM Church
2747 E. Madison Ave.
Des Moines, IA



FREE WILL OFFERING

Open to the public.

MARCH MISSION

Iowa Veterans Home, Marshalltown, IA

This is the second time we have selected the Iowa Veterans home for our monthly mission.

This home has a long history of helping veterans in Iowa with care ranging from independent residential care to Skilled nursing care at affordable rates. Cares are extended to spouses of veterans. Recently, they have partnered with the Department of Defense SkillBridge Program to provide training for positions in health care. This is a new program that is available to suitable candidates.

We are asking for donations for their recreational fund. This fund makes sure that no residents are left out because of their inability to pay. The account is used for recreational costs. All funds go directly toward residents' individual and group needs. Some of the ways funds in this account are used:

- 1. Admission for off-campus outings.*
- 2. Bowling program.*
- 3. Gardening program.*
- 4. On-campus entertainment.*
- 5. Resident niceties.*

IVH provides services to those who can pay and those who are on very limited income. With our donation we can help provide them with a chance to find activities and entertainment that fills an important need. Please help in any way you can.

Thank you.

The Mission Committee.

Congregational Assessment Tool (CAT) Task Force

The Task Force meets on Monday, March 3, at 6:30 pm in the Adult Sunday School Room (next to the Sunday School office). Last month the CAT Task Force discussed an 'in-reach' concept to focus on the needs of Staves members, including visitation, meals, and other physical needs; and an 'outreach' concept for how to continue to make Staves known in our neighborhood and to others.

Members with email received a recent request to provide or not to provide personal contact information in the directory and if they want an electronic version of the directory sent to their email address. The Task Force recommends training regarding the location and use of all safety and emergency equipment located throughout our building, such as fire extinguishers, automated external defibrillators (AED) and other 'need-to-know' items – we will work with the Trustees Team to expand this idea. The Task Force will propose that the Administrative Council and Teams discuss and provide a plan of action to address each suggestion or concern submitted by members, including goals and dates for completion of the plans.

Join the Task Force on March 3 – we want your input to pursue improved communication and to focus our work on the corner of 28th and East Madison...and beyond.

NO ADMINISTRATIVE COUNCIL MINUTES AVAILABLE

NO FEBRUARY MEETING HELD